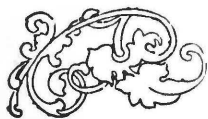




BANFF



In the

CANADIAN
ROCKIES

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The Canadian National Park



THE CANADIAN NATIONAL PARK, in the very heart of the Rocky Mountains, includes within its limits the valleys of the Bow, Spray and Cascade Rivers, the Vermillion and Devil's Lakes, and half-a-dozen noble mountain ranges. In the centre are the marvelous Banff Hot Springs, near which the Canadian Pacific Railway Company has erected a large and excellently appointed hotel where the River Spray rushes furiously over a series of rapids into the Bow River. The hotel, perched on a promontory overlooking the valley which carries the mingled waters of the two rivers through the great natural park, commands uninterrupted and glorious views of the peaks and stretches of the Rockies in all directions, and its delightful situation and magnificent environments make it the favorite rendezvous during the summer months of tourists from all parts of the globe.

This unrivalled resort is reached only by the Canadian Pacific Railway and its direct connection, the Soo-Pacific Line.

Principal Points of Interest

The following are the Principal Points of Interest and Distance from the Hotel:

THE CAVE AND BASIN Natural Sulphur Springs, about 1½ miles from Banff Springs Hotel, at which the government has erected comfortable bathing houses. The Cave, to which, like the Basin, the public is admitted free, is entered by a tunnel from lower side of the mountain. Charge for baths, 25 cents.

BOW FALLS In valley beneath hotel; rapids 80 feet wide at confluence of Spray and Bow Rivers.

HOT SPRINGS On Sulphur Mountain, 800 feet above hotel, from which the baths are supplied; distance by carriage way, two miles.

DEVIL'S LAKE Distance, nine miles—drive skirting Cascade Mountain, and following Devil's Head River until the precipitous sides of Devil's Head Canon are crossed by a rustic bridge. The lake is 16 miles long, with a width of from one to two miles. On it is placed a launch, which can be chartered by visitors at the rate of \$1.00 per head for parties of five and over. The sail usually occupies three hours. Fishing tackle, boats, etc., may be procured, this being a favorite resort for anglers. A cluster of Hoodoos (natural concrete pillars) and the Devil's Gap, on the way to Ghost River, are amongst the points of interest in this locality.

THE LOOP A beautiful drive around the Bow Valley in full view of Bow Falls—distance about seven miles—skirting the base of Mount Rundle, to the banks of the Bow River.

THE SPRAY RIDE Up the Spray Valley past the old lumber camps and through the virgin forest to the Spray Canon at the foot of Goat Mountain.

THE SUN DANCE CANON A remarkable cleft in the mountain—distance about three miles—a pleasant drive through picturesque surroundings following the Cave and Basin Road to the entrance of the Canon.

TUNNEL MOUNTAIN The drive on which is the finest in the park—distance seven miles. A spiral drive, known as the Corkscrew, leads along the side of the mountain at an altitude of over 5,000 feet, the return being made down the further side on a steep grade passing the barracks of the Mounted Police and through the village. The summit may be reached either on foot or horseback by good trails leading off from the carriage drive.

ANTHRACITE A very pleasant four-mile drive through an extensive open, following the bend of Bow River past groups of curiously formed clay figures called Hoodoos, to the village of Anthracite, where coal mines are largely operated.

BOW RIVER The boating on which is very good for nine miles above the bridge. A favorite canoe trip is to leave the Bow River, one mile up, turning to the right, up Echo Creek into Vermillion Lakes. There is good fishing in the Bow and its tributaries, chiefly trout and grayling, and a steam launch, canoes, etc., can be secured.

THE NATIONAL PARK MUSEUM A short distance from the hotel, a handsome building, erected by the Government, where a capital collection of specimens of the flora, fauna, mineralogy, etc., of the mountain region may be seen.

BUFFALO PARK A large corral of 500 acres, in which are a magnificent herd of over twenty buffalo and calves—the last remnant of the countless thousand bison which once roamed the adjacent plains. A band of elk, amongst which are some fine specimens, has also been added to the Park, which is one mile east of the railway station, on the way to Devil's Lake.

MOUNTAIN CLIMBING Tunnel Mt., the island knob of rock lying between Cascade and Rundle on the east side of the Bow Falls, is an easy walk for the most unambitious climber. Sulphur Mt. either by way of the Hot Springs or up the northern end is not a difficult climb, and offers a splendid view of the whole Bow Valley. Both Cascade and Rundle Mts. are steep enough to afford arduous work, but both have been ascended so frequently, comparatively easy routes have been found by the Swiss Guides. Cascade has been traversed from the village to summit and back from 9.00 a.m. to 4.00 p.m., Rundle from 1.00 p.m. to 5.30 p.m. On Cascade Mt. are some fine fossil beds. Behind Squaw Mt., northwestward, is a sharp, lofty pinnacle. This is Mt. Edith, affording a splendid dolomite climb, equal to anything in the Tyrolese Alps and within easy reach of Banff. Twenty miles south of Banff along the Spray Valley is the Matterhorn of the Rockies—Mt. Assiniboine, a sheer pyramid of almost vertical rock towering high above vast glacial fields and other lofty peaks. Mt. Assiniboine is acquiring world renown for the almost insuperable difficulties of ascent. Its north slope presents three perpendicular faces, ice-glazed, overhanging and precipitous, attaining an angle of 80 degrees where the three faces converge into the final spire. The west side is a beetling buttress down which avalanches pour all the year. The east side is sheer precipice, the south walled masonry.



SWISS GUIDES IN THE CANADIAN ROCKIES

SWISS GUIDES During the tourist season a Swiss guide is stationed at Banff who will arrange for and accompany excursion parties, thus enabling guests to visit the most interesting points without any loss of time. A bulletin will be posted in the hotel rotunda every evening, giving the points which will be visited in the following day's trip, the hour of starting and probable hour of return, the means of conveyance, if any,

and the exact cost. Guests intending to accompany these parties are requested to register their names, so that the necessary lunches may be prepared, if needed, and conveyances provided. Native guides with trained ponies can also be secured.

Swiss guides are also stationed at the Lakes in the Clouds, Field, and the Great Glacier, whose services can be exclusively secured by mountain climbers at reasonable rates.

AT Guests also find amusement in lawn tennis, golf, billiards, bowling, etc., in **BANFF** addition to driving, wheeling, fishing, boating, bathing and mountain climbing. In the hotel a dark room has been furnished for the use of photographers who desire to finish their pictures before returning home. Alpenstocks for mountain climbers can also be procured. Bicycles can also be hired. An orchestra from the Boston Conservatory of Music plays during the dinner hours and through the evening. The hotel opens on May 15th, and closes October 1st, and the rates are \$3.00 per day and upwards, with reduction upon this rate for a stay of one week or longer.

Hunting and Exploration

Complete outfits, including guides, servants, provisions, saddle and pack horses, tent, etc., are supplied from Banff for parties of Alpine explorers, goat and sheep hunters in the Selkirks and caribou and elk hunters in the foothills of the northern Rockies, at moderate rates, not exceeding \$4.00 each per day for parties of four or more.

Analysis of Banff Hot Springs Water

The assistant analyst of the Dominion Government, Mr. McGill, who recently made a full analysis of the Banff water supplies, reports: "This water is very free from organic impurities and gives no albuminoid nitrogen. . . . Each gallon contains dissolved sulphureted hydrogen to the amount of 0.3 grain (equivalent to 0.8 cubic inch)." "The dissolved solids are as follows:

Chlorine (in chlorides)	0.42 grains
Sulphuric Acid (S O ₃)	38.50 "
Silica (Si O ₂)	2.31 "
Lime (Ca O)	24.85 "
Magnesia (Mg)	4.87 "
Alkalies (as Soda Na ₂)	0.62 "
Lithium—a decided trace.	



CHALET AT LAKE LOUISE NEAR LAGGAN.

C. P. R. Transfer Co.'s Livery Tariff

(Driver Included)

To Devil's Lake

Two or three persons	\$5 00
Four or five persons	6 00
All day two or three persons	7 00
All day four or five persons	8 00

To Tunnel Mountain, Cave and Basin and Sun Dance Canon, or Loop, Cave and Basin and Sun Dance Canon

Two or three persons	\$5 00
Four or five persons	6 00

To Tunnel Mountain, Cave and Basin, or Loop and Cave and Basin

Two or three persons	\$4 00
Four or five persons	5 00

To Cave and Basin

Three or more persons	50 cents each
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To Hot Springs

Two or three persons	\$3 00
Four or more persons	\$1 00 each

Single rigs, phaeton, buggy or dog-cart, without driver	first hour \$1 00
Every subsequent hour	50 cents
Saddle horses same rate as single rigs.	
Transfer between station and hotel, each way	25 cents
Heavy luggage, 25 cents per piece: ordinary handbags free.	



VICTORIA GLACIER AND HAZEL PEAK.

Other Points of Interest

UP THE BOW VALLEY The railway line up the Bow Valley skirts the Vermillion Lakes, and after passing out of the Park runs along the base of Castle Mountain, a sheer precipice of 5,000 feet, extending 8 miles. Views are obtainable from the train of the Sawback and Bow Ranges and Lefroy and other mountain giants, and up the valley are seen Hector and Goat Mountains.

THE LAKES IN THE CLOUDS Lakes Louise (alt. 5,645 feet), Mirror (alt. 6,550 feet, and Agnes (alt. 6,820 feet), about two miles distant from Laggan Station, and 34 miles west of Banff—the most winsome spot in the Rockies. On the shore of Lake Louise there is a handsome chalet, under the same management as the Banff Hotel, and which is open from about June 15th to September 15th. The charges are \$2.50 per day. Ponies can be hired for \$2.00 per day by those not desiring the walk for the ascent to Lakes Mirror and Agnes, or the trip to Saddleback Mountain (three miles) or to Paradise Valley itself, or any other points of interest in the vicinity which are reached by good trails. Picturesque chalets are erected at Lake Agnes and Saddleback Lookout. Swiss guides arrange for and accompany excursions to the most interesting points. Bar Harbor buckboards meet all trains at Laggan. Tourist tickets from Banff, at single fare for the round trip are issued on presentation of certificates from the manager of the Canadian Pacific or Sanitarium Hotels. Telephonic connection is established between the chalet and Laggan Station, by which communication is had with Banff, and at the chalet is a dark room for the use of photographers.



MOUNT STEPHEN, WITH HALO.
(Seen sometimes at night in June and July.)

VALLEY OF THE TEN PEAKS Reached by a ten-mile trail from Laggan or Lake Louise. In this new region for tourists, camping facilities are afforded on the shore of Moraine Lake, in the midst of scenic surroundings of more than ordinary beauty and grandeur.

BOW LAKES Can be reached by a new trail from Laggan, eight miles, which opens up a very picturesque region.

THE GREAT DIVIDE At the summit of the Rockies--43 miles--where the waters separate, and flow into the Pacific Ocean and Hudson's Bay. A rustic frame marking the Divide can be seen from the passing train.

FIELD, MT. STEPHEN Fifty-two miles from Banff, where one of the Canadian Pacific mountain chalet hotels affords every accommodation. A mammoth fossil bed, in which are very rare specimens of trilobites, and a crystal cave are interesting spots to which good trails lead. Swiss guides are stationed here, and ponies are procurable. A dark room is provided for photographers. The hotel is open throughout the year, and the rates are \$3.00 per day and upwards, with special arrangements for parties remaining over a week.

EMERALD LAKE A delightful resort near Field, and one of the most charming water stretches in the mountains. En route, a natural bridge spanning a mountain torrent is one of the objects of interest. There is good fishing in Emerald Lake and its contributory streams, which are conveniently reached by foot-bridge over the Kicking Horse River from Field.

YOHO VALLEY The newly-discovered Yoho Valley is reached from Field by way of Emerald Lake. Trails lead along the mountain side at altitudes of from 6,000 to 7,000 feet to the Great Glacier at the north end of the valley, by which magnificent



SIR DONALD AND THE GREAT GLACIER OF THE SELKIRKS.

views are obtainable of the great Yoho Canon, the Twin Falls—a remarkable cataract whose waters unite and fall in one great volume—and the famed Takkakaw Falls, which rank amongst the highest in the world. Takakkaw is the Cree word for “It is magnificent.” The return trip is made through the valley, in which are some deep canons, and over a shoulder of Mt. Field to the chalet. There are shelters erected at different points for tourists, and the whole region can be traversed in less than two days.

THE GREAT Near the summit of the Selkirk Mountains—138 miles by rail—at
GLACIER the foot of which is the Glacier House, at Glacier Station, another of the C.P.R. chalet hotels. This ice marvel is easily reached from the hotel, from which it is only about half an hour’s walk, and good pathways lead to Marion Lake, the Asulkan Glacier, the Cascades, Glacier Crest, and many other points of attraction, some of which are at a high altitude. Resting places are conveniently arranged along these trails, and at Marion Lake, the Cascade, and base of Swiss Peaks on Hermit Range, and other places, shelters have been erected. These climbs can be made direct from the Glacier House, without having to travel to and remain over night at a shelter at some distance from the hotels in order to make an ascent, as in Switzerland. Ponies, which are chiefly used as pack animals, are procurable. A corps of Swiss guides is stationed here, whose services can be engaged by those wishing to indulge in the delights of mountaineering. At Glacier House are an observatory, a large telescope, bowling alley, billiard hall, swings, and other sources of amusement, and there is a photographer’s dark room for the use of guests. The hotel is open throughout the year, but the best time to visit is between June and October. The rates are \$3.00 per day and upwards, with special arrangements for those remaining a week or longer.



Banff Hot Springs, Lakes in the Clouds Field, and The Great Glacier

Are reached only by the Canadian Pacific Railway, whose Imperial Limited Express crosses the continent in 100 hours. Palatial sleeping cars and superb diners are attached to all through trains.

Tourists have a choice of routes—by Montreal, which is a day's or a night's ride from New York or Boston; by Niagara Falls and Toronto and North Bay, where connection is made with the Canadian Pacific trains; and by the Great Lakes from Owen Sound on Georgian Bay (reached from Montreal and Toronto by rail), by the Canadian Pacific palatial lake steamships to Fort William, at the western extremity of Lake Superior, and thence by the Canadian Pacific Railway.

From the Middle States the shortest route is by the Soo Pacific Line from St. Paul and Minneapolis, which connects with the Canadian Pacific at Moose Jaw in the Canadian North-West.

For further information apply to any agent of the Company, or to

ROBT. KERR,

Passenger Traffic Manager, C.P.R.,

MONTREAL.